



The Heather Club

The Heather Club aims to provide a caring and happy environment for people who have lost their speech after suffering a stroke. It provides help and support for both members and their carers.

The group meets weekly at the YMCA in Bridgwater and provides activities which promote speech and help members to interact with each other, and the volunteers.

Trips to places of interest are organised for members and their carers. Carers also benefit by having some free time each week.

The club also aims to offer members and their carers the opportunity to go on four trips during the year. These outings can include trips to the seaside, visits to stately homes and gardens, a game of skittles and lunch, or a theatre trip.



The Somerset Community Foundation awarded a Field House Trust grant in May 2009 towards the cost of specialist coach hire, volunteer expenses and entry tickets for a day trip to Oakham Treasures in Bristol.

Commentating on the grant awarded Margaret Thomas the club's organiser said *"it means a lot to our members to have social outings and we can now plan to take them to suitable places of interest; the sort of outings most of us take for granted"*

Somerset Community Foundation has awarded over £2million in grants, supporting local voluntary groups in Somerset. If you would like to know more please contact us directly or visit our website.